Met Office

NEWS

Hot weather continues

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The first half of this week will see temperatures in the high 20°Cs or even low 30°Cs for many across England and Wales.

Chief Meteorologist Dan Suri said “High pressure is dominating our weather bringing warm, humid air from the tropical Atlantic resulting in these high temperatures and sunny conditions over the coming days. Sea breezes will help keep some of our coastline refreshingly cooler”.

Not everywhere is experiencing these higher temperatures. A cold front has brought some cloud and drizzle to the far north of Scotland today. This front will slowly slip a little further south tonight, bringing temperatures nearer to average over some eastern parts of the UK on Tuesday. This front finally clears away later this week when temperatures will more widely return nearer to average.

Night-time temperatures will remain warm and humid for many areas making sleeping conditions difficult for some.

The hot weather has triggered an amber Public Health England (PHE) Heat Health Watch for much of England. Dr Angie Bone, Head of PHE's Extreme Events team, said: "Spells of hot weather like this are enjoyed by many of us, but they can make a very real impact on some people's health.

"That's why it's so important we all keep an eye on those likely to be most at risk, people with underlying heart and lung conditions, older people and those with younger children. If you're able, ask your friends, family and neighbours if they need any support."

The highest June temperature ever recorded is 35.6C at Southampton on 28 June 1976.

The fine, very warm and sometimes humid conditions in the south will continue until Thursday. The cloudy, rainy weather in the north will then move south bringing fresher conditions for most of the country later this week.

Keep an eye on the weather in your area using our forecast pages and by following us on Twitter and Facebook, as well as using our new mobile app which is available for iPhone from the App store and for Android from the Google Play store.

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